

# March 2023 Lunch Menu



**U-46 Food & Nutrition Services**

Updated 2.17.2023

MON	TUE	WED	THU	FRI	Menu Subject to Change
<b>February 27</b>	<b>28</b>	<b>March 1</b>	<b>2</b>	<b>3</b>	
<b>MANGIA! MANGIA!</b> Lasagna Roll-Up w/ Marinara & Garlic Breadstick <b>OR</b> Italian Meatball Sub	<b>THAT'S A WRAP</b> Choice of Chicken Tenders <b>OR</b> Buffalo Chik'N Nuggets Topped w/ Cheese on a Tortilla	<b>MAC MY DAY</b> Mac n Cheese w/ Choice of meat, beans and fresh toppings	<b>FROM THE GRILL</b> Beef Hot Dog on a Bun <b>OR</b> Pizza Crunchers Choice of toppings	<b>NO SCHOOL INSTITUTE DAY</b>	<b>CHOICE OF FRUIT, VEGETABLES &amp; MILK OFFERED WITH ALL ENTREES</b>
<b>6</b>	<b>7</b>	<b>National School B-fast Week Promo 8</b>	<b>9</b>	<b>10</b>	
<b>ZONED OUT</b> Meat Lovers Calzone <b>OR</b> Mini-Cheese Calzones w/ Marinara	<b>TASTE OF THE EAST</b> Orange Chicken w/ Brown Rice <b>OR</b> Pizza Crunchers	<b>BREAKFAST FOR LUNCH</b> Chicken n Waffles <b>OR</b> Parmesan Bosco Sticks w/ Marinara	<b>WHICH 'WICH</b> Hot Ham & Cheese Croissant <b>OR</b> Veg n Cheese Stuffed Sandwich	<b>ALL ABOUT CHEESE</b> Mozzarella Sticks w/ Marinara <b>OR</b> Grilled Cheese Sandwich	<b>In addition to hot entrees, Grab &amp; Go, PB&amp;J's and salads are available. Additional specials MAY be offered daily and include:</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>St. Patrick's Day 17</b>	<ul style="list-style-type: none"> <li>• Chicken Tenders or Chicken Patty</li> <li>• Pizza</li> <li>• Mini-Corndogs</li> <li>• Jumbo Pretzel w/ Cheese</li> <li>• Bosco Sticks w/ Marinara</li> </ul>
<b>FROM THE GRILL</b> Hamburger on a Bun <b>OR</b> Black Bean Veggie Burger Choice of toppings	<b>CHICK'N DIP</b> Chicken Nuggets w/ Breadstick Choice of Dipping Sauces <b>OR</b> Garlic French Bread	<b>PIZZA! PIZZA!</b> Choice of Cheese or Pepperoni <b>OR</b> Mini-Corndogs	<b>BRING ON THE HEAT</b> Spicy Chicken Patty Sandwich <b>OR</b> Cheese Quesadilla w/ Salsa	<b>FIESTA DAY</b> Loaded Nachos Choice of meat, beans or cheese & fresh toppings w/ corn chips	
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	
<b>MANGIA! MANGIA!</b> Lasagna Roll-Up w/ Marinara & Garlic Breadstick <b>OR</b> Italian Meatball Sub	<b>THAT'S A WRAP</b> Choice of Chicken Tenders <b>OR</b> Buffalo Chik'N Nuggets Topped w/ Cheese on a Tortilla	<b>MAC MY DAY</b> Mac n Cheese w/ Choice of meat, beans and fresh toppings	<b>FROM THE GRILL</b> Beef Hot Dog on a Bun <b>OR</b> Pizza Crunchers Choice of toppings	<b>SOUTH OF THE BORDER</b> Chicken Fajitas w/ Roasted Peppers & Onions on a Tortilla <b>OR</b> Parmesan Bosco Sticks w/ Marinara	<b>Check your school's menu board for current daily options</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<b>Spring Break March 27-31, 2023 School Resumes April 3, 2023</b>					<b>Menu Questions?</b> Contact Christine Cliff, U-46 District Dietitian, at <a href="mailto:ChristineCliff@u-46.org">ChristineCliff@u-46.org</a> or (847) 888-5000 x5034

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